

Looking Good

With Norfolk on my Mind



CAROLYN'S COLUMN

Writing my Column back in November, I realise Christmas is only weeks away. With shopping, cooking and boxes of baubles to hang – I await my superwoman surge of energy to enable me to achieve this by the 25th. Friends tell me that their gifts are all bought and wrapped! Full steam ahead. I now have bumper shopping expeditions on the agenda, and a foolproof master plan which culminates in that golden moment when I untie my pinny and survey a plump turkey and perfectly roasted potatoes amid the festive crackers and candles.

Talking of time rushing by, with the quick turnaround from our autumn issue, I will have to take a rain check on my promised evening wear feature. Instead we have highlighted some of the fabulous images from the 'Something Special from Norfolk' charity fashion show I co-organised in October. For festive sparkle, we have a 'Christmas Beauty Box' prize for readers from new shop, Just Essentials, which has just opened in Norfolk Street, King's Lynn. Make sure you pop in to check out the extensive and innovative range of make-up and beauty accessories on offer.

WIN A CHRISTMAS BEAUTY BOX



I eagerly anticipate the arrival of the spring collections. Undoubtedly we have many months ahead of cosy, chunky knits to combat the cold but rest assured, the new colour palettes and 2011 trends will be filtering through shortly – alongside those sale bargains. I look forward to featuring all the new looks and following my request for models to join the Norfolk On My Mind fashion shoots, we have several readers already lined up!

I wish you all a very happy Christmas.

SOMETHING SPECIAL FROM NORFOLK

Readers may recall that back in October I co-organised a fashion show at Briarfields, Titchwell, in aid of Teenage Cancer Trust and LILAC (Ladies In League Against Cancer). In our Christmas edition and at a time when charity is close to all our hearts, we were keen to report back on our fundraising efforts and show you a few snapshots from our happy day.

With Penny Downen as our wonderful compère, local company, Gone Crabbing, kicked off the day with a selection of bright T-shirts and cosy hoodies featuring Gone Crabbing's popular designs. Our very professional team of models (all volunteers) then accomplished some miraculous changes, shimmying down the catwalk in the stunning autumn collections from Goddards of King's Lynn.

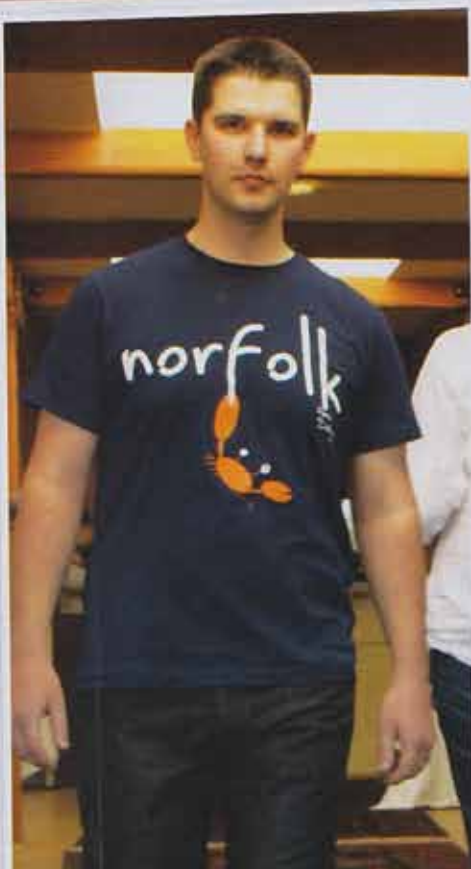
We were thoroughly spoilt by Briarfields. With two shows in our busy schedule, guests were treated to sparkling wine and a sumptuous Afternoon

Tea at the daytime event, followed by pink bubbly and delicious canapés for the evening. We were delighted to welcome the Mayor of King's Lynn, Mrs Zipha Christopher, to our afternoon show.

We raised the tremendous sum of £2,836 which was split between the two charities, and I reiterate my thanks to all the guests who supported the event, and to local businesses for donating such a generous array of prizes for the raffle. It's good to know that all monies raised will be spent locally. LILAC supports the Big C Centre at the Norfolk and Norwich University Hospital. Teenage Cancer Trust is raising funds for the first TCT Unit in East Anglia which is currently under construction at Addenbrooke's Hospital in Cambridge.

It was incredibly rewarding to be working alongside so many willing helpers and local concerns, all joining forces to raise awareness and funds for two such worthy causes. Thank you everyone for your support.





just essentials



New shop, Just Essentials, recently opened in Norfolk Street, King's Lynn, stocks up-to-the-minute and affordable beauty products. Alongside well-known names such as Maybelline, Max Factor, Rimmel and L'Oréal – Just Essentials carries the exclusive and popular 'Sinful Colors' and 'Wild & Crazy' make-up collections from the USA. I am dazzled by the display of nail polish shades, and can vouch for the durability and glossiness of the varnishes. Check out the fabulous hair extensions and accessories, semi-permanent colours and extensive selection of body and costume jewellery, and go that extra step with Just Essentials' amazing range of cosmetic contact lenses – enhanced by the current best-selling W7 Big Lash mascara.



To give your holidays that added 'glitz and glamour' and to celebrate its opening, Just Essentials is offering one lucky reader a stunning 'Christmas Beauty Box' brimming full of goodies – make-up, bronzers, nail polishes, hair accessories, lip gloss and much more – worth £80! Simply send your contact details including your telephone number on a postcard entitled 'Christmas Beauty Box' to Norfolk On My Mind, The Stable, Park Farm, Gressenhall, Norfolk NR19 2QL – or drop us an email to office@norfolkonmymind.co.uk. The winner will be announced in the next edition.

For perfect stocking fillers or to simply treat yourself, visit Just Essentials at 139 Norfolk Street, King's Lynn. Opening times are 9am to 5.30pm, Monday to Saturday and 10am to 4pm on Sunday.

For further details of products in store call the shop on 01553 767171, or browse online at www.colourcosmetics.co.uk

FACES AT THE FASHION SHOW

